

# Leafy Legends Tree Climbing Policy (Max Height: 2 Metres)

## Purpose

Tree climbing offers children a chance to explore, build confidence, and connect with nature through physical challenge and imaginative play. This policy ensures safe, supported climbing within agreed boundaries.

## Height Limit

- Children may climb trees **up to 2 metres high** (roughly adult shoulder height).
- This limit is measured from the ground to the child's feet while climbing.

## Guidelines for Safe Climbing

- A **staff member must be present** and aware before climbing begins.
- Children must choose trees with **strong, low branches** and **clear landing zones**.
- Only **one child per tree** unless otherwise agreed by staff.
- **No climbing in wet or windy conditions.**
- Children must wear **closed-toe shoes** and avoid loose clothing or dangling accessories.

## Adult Role

- Adults offer **gentle supervision**, not physical lifting.
- We support children to assess risk, make decisions, and climb down independently.
- Staff may intervene if a child appears unsure, unsafe, or exceeds the height limit.

## Emotional Safety

- Climbing is **never forced**.
- We celebrate effort, courage, and self-awareness—not just height or skill.
- Children are encouraged to listen to their bodies and say “no” when something feels too much.

## Maintenance & Review

- Trees used for climbing are checked **regularly for stability, rot, or hazards**.
- This policy is reviewed **termly** and adapted based on children's needs and site changes.